

## Alternative Meal Service Models

**Where is it served?**

**When is it served?**

**How is it served?**

**Who does it work with?**

**What does the research say?<sup>14</sup>**

### Breakfast in the Classroom

Classroom

After the school day begins, immediately following opening bell

Transported to and from the classroom by school nutrition staff and/or student volunteers

Can work in any school setting. It is most commonly used in elementary schools

Highest success rates, can be as high as 98 percent of school enrollment

### Grab n' Go Breakfast

Cafeteria  
Hallways  
Common Areas (inside and outside of building)

Before the school day begins

Stations can be set up in a variety of locations including the cafeteria and other high-traffic areas such as hallways or entryways

Can work in any school setting. Works well for students who come to school too late to eat in the cafeteria

In secondary schools, over 70 percent of schools experienced an increase in School Breakfast participation

### 2<sup>nd</sup> Chance Breakfast/Brunch

Cafeteria  
Hallways

After first period

Served in the same manner as traditional Breakfast in the Cafeteria or in the same manner as Grab n' Go

Can work in any school setting. It is most commonly used in secondary schools

Average of 15-40 percent participation level increase

### Breakfast Vending

Cafeteria  
Hallways  
Common Areas (inside and outside of building)

Before the school day begins and between classes

Vending machines allow self-service of hot and cold items

Usually available in secondary schools only

Breakfast vending is a new model currently used at 1 percent of schools

	<b>Teachers and Paraprofessionals</b>	<b>Food Service Staff</b>	<b>Custodial Staff</b>
<b>Breakfast in the Classroom</b>	<p>Proper training may be helpful</p> <p>Will need to complete some type of daily accountability roster</p> <p>A classroom routine for Breakfast in the Classroom will need to be established, in the same manner as other classroom routines and procedures that are taught at the beginning of the year</p> <p>A natural opportunity to teach students about healthy eating, table manners and socializing over a meal</p>	<p>Proper training suggested</p> <p>Handles food preparation and logistics</p> <p>Students can assist with the responsibility of transporting meals to and from the cafeteria</p> <p>Can be set up to work with your current School Breakfast operations with very little change</p> <p>Requires the same amount of staff labor as traditional School Breakfast</p> <p>Prepare food as you are doing now, and then pack into bags rather than serving it through the service line</p>	<p>Proper training suggested</p> <p>Create a new trash removal procedure: Students can be responsible for clearing trash from the classroom and setting it outside of the door or placing it into a rolling trash bin in the hallway for you to collect</p> <p>Students can be responsible for wiping down tables and desks</p> <p>Custodial schedules may need to be adjusted</p> <p>Education about Pest Prevention and Control will need to be communicated throughout the school community</p> <p>Recycling programs may need to be altered to accommodate disposal of breakfast packaging, etc.</p>
<b>Grab n' Go</b>	<p>If students are eating in the hallways, you may need to develop a system for finishing and disposing/recycling of breakfast packaging before entering the classroom</p>	<p>Prepare food as you do now, but pack into bags and serve in the cafeteria service line or identify new service areas throughout the school</p>	<p>Change in location and pick-up schedule of rolling trash cans or trash bags</p>
<b>2nd Chance Breakfast</b>	<p>None</p>	<p>Change in schedules</p>	<p>Change in schedule of cafeteria setup and cleaning</p> <p>Change in location and pickup of rolling trash cans</p>
<b>Vending</b>	<p>If students are eating in the hallways, you may need to develop a system for finishing and disposing/recycling of breakfast packaging before entering the classroom</p>	<p>None</p>	<p>Change in location and pickup schedule of rolling trash cans or trash bags</p>