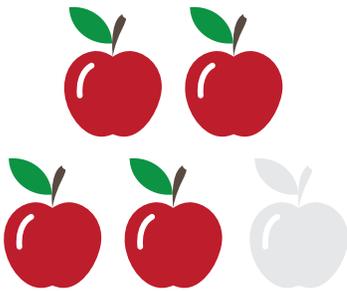


# FUEL YOUR FUTURE

Connecting kids to nutritious food.

DECEMBER 2019

**ONE IN 5 WASHINGTON KIDS IS REGULARLY AT RISK OF GOING HUNGRY.**



**HOW WE MEASURE UP TO HUNGER**

In percentage of low-income students participating in both lunch and breakfast programs Washington state ranks

← **45th**  
out of 50 states.

## OVERVIEW

More than 12% of King County students live in poverty. When families are forced to make choices between food on the table or keeping the lights on, kids often go without.

**Fuel Your Future connects kids to nutritious food**—during the school year and beyond.

## HOW IT WORKS

We harness the energy of dozens of AmeriCorps members and community partners to help meet low-income families where they are and help kids get the nutritious food they need. Our work is county-wide, with an emphasis in south King County.

**Making healthy breakfast fun.** We work with schools to make breakfast part of the school day—just like lunch—and with Sounders FC to make it fun for kids. Schools compete for prizes based on how many kids eat breakfast.

**Washington Service Corps AmeriCorps Members in schools.** In nine of the lowest-income schools, we have teams of two working double time to help teachers and kids navigate new habits and reap the benefits of breakfast, afterschool suppers, and nutrition education in schools.

**Free food and fun in the summer.** Teams of AmeriCorps VISTAs serve meals and lead activities at sites throughout the county. Street teams help get the word out to thousands of families working to make ends meet.

## SUCCESS TO DATE

1,000+ students receive breakfast and after-school supper each day. AmeriCorps members have been hard at work implementing Breakfast After the Bell and launching after-school supper programs throughout King County—including Showalter Middle School in Tukwila, Olympic Middle School in Auburn and Cedarhurst Elementary in Burien.

Last year we served 560,000 free summer meals throughout the county—making it easy for kids to access nutritious food outside of the school year.

## HELP US CONNECT MORE KIDS TO HEALTHY FOOD

Our Fuel Your Future work is made possible in part by a **Social Innovation Fund grant** via **Share Our Strength's No Kid Hungry campaign**. Receiving this grant signals that our work is innovative, has proven results and is something that we can take to scale. It also means that we need to raise \$400,000 to fully realize the grant. **Social Innovation Fund matches donor gifts dollar for dollar!**



United Way of King County



## FOX

“When school is out, this program is a big help. It really makes a difference on our grocery bill.”

—Fox, mom of two Summer Meal participants and this Connect Four champion